

Fill Your Life with Music That Calms the Mind & Body

- In this interactive workshop you will experience how Music From Source works wonders to relax your racing pace, allowing you to experience your open heart, still mind, and a vibrant body.
- Through vibrational entrainment, the sound produced physically changes the cells of your body & brain, thus healing and uplifting you.

Highly recommended resource for yoga teachers, healers, educators, office environments, medical facilities and for anyone looking to release distractions and gain focus.

Date: Saturday June 16, 2018

Time: 10 am to 12:30 am

Tickets: \$15

Place: For Goodness Sake

10157 Donner Pass Rd. Truckee, CA. 96161

RSVP: info@goodnesssake.org

CDs and downloaded music - priced separately

Invite family, friends and colleagues to join you in this remarkable offering.



Based in Europe, Dr. Frederik Evelein, Musician, Author, Educator, brings to Truckee for the first time his translation of Cosmic Consciousness in music. Music from Source uses the revolutionary Omnium Method. This workshop provides practical tools and lasting benefits. Many in his workshops worldwide have compared listening to his music as a combination of yoga, prayer or meditation. All leave grateful and transformed. <https://www.youtube.com/user/MusicFromSource>

“This music will take your work environment or living space to another level of comfort and wellbeing. I have used this music for years and find it to be a remarkable resource as it clears my mind and allows me to connect to greater creativity and clarity.” – Deb Kelly, Lifeingredients.com